

Instructions for use

**PAX-Extremities-Tourniquet - P-E-T** 



Status: 03 | 2023 |

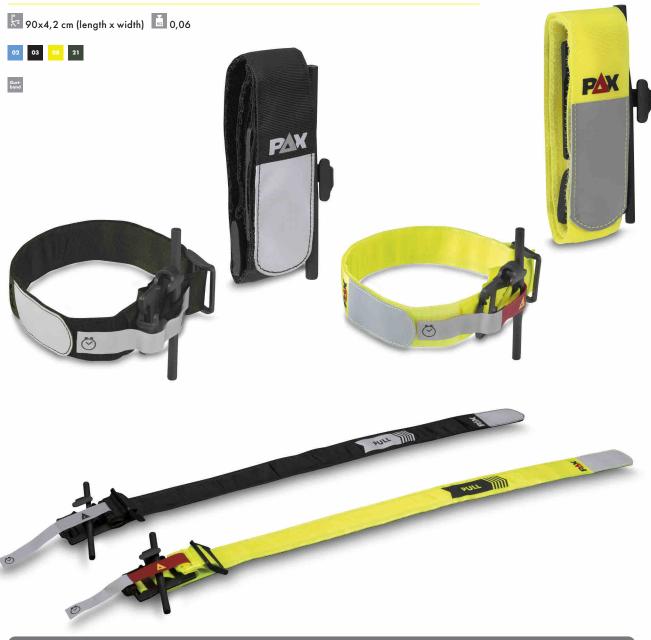


# Instructions for use PAX-Extremities-Tourniquet - P-E-T

Item No. 1381039.

## PAX-Extremities-Tourniquet - P-E-T

The PAX-Extremities-Tourniquet - P-E-T is a windlass-system for heavy bleeding at the extremities. Due to its variable length and the windlass-system with locking points at every 90° per rotation, the P-E-T is equally applicable for arms and legs. Due to manual pre-tensioning when applying the tape, only a few turns are required to ensure the setting through the PAX-Extremities-Tourniquet - P-E-T. On the writing surface at the end of the compression band, the application time and other information can be noted.



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## Instructions for use PAX-Extremities-Tourniquet - P-E-T











**Product name:** PAX-Extremities-Tourniquet - P-E-T

Article number:

138103902 (blue) 138103903 (black)

138103908 (high-viz yellow)

138103921 (olive)

Manufacturer:

X-CEN-TEK GmbH & Co. KG Westerburger Weg 30 D - 26203 Wardenburg Phone: +49 (0) 4407-714760 Email: info@pax-bags.de www.pax-bags.com

**Status: 10.03.2023** 



## Warning

The P-E-T may only be used by trained users.

## Limitation of liability

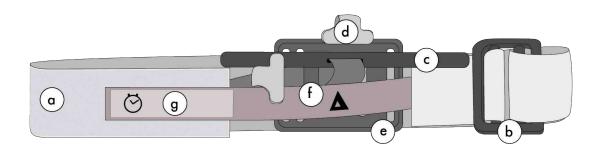
It is mandatory to read and understand the instruction for use carefully and completely before first use.

The P-E-T should only be used as directed by military service operational guidelines, the EMS authority, or under the supervision of a medical practitioner. According to the situation, the application of the P-E-T should be defined as the best alternative treatment.

#### Recommendation

The P-E-T unavoidably loses durability over the course of its shelf life. This is accelerated by UV rays, heat, chemicals, harsh atmospheres and dirt. Please check before you use the P-E-T to ensure that it is in proper working condition.

The P-E-T must be in a proper technical and hygienic condition, otherwise a secure application can not be guaranteed.



## **Component Description**

(a)

compression band with velcro



closure buckle



P-E-T-rod

 $\bigcirc$ d

fixation points of the P-E-T-rod-plate

(e)

P-E-T-rod-plate

f

security belt

g

labelling field for time of application



#### 1. Purpose

The device is designed to stop heavy, life-threatening bleeding of the upper and lower extremities if,

- bleeding is unmanageable in other ways
- according to the situation, the application of the P-E-T is the best alternative treatment.

#### 2. Intended Patient group

Adults, adolescents, pregnant or nursing women

#### 3. Unintended Side-Effects and Misapplication

Applying the P-E-T can cause severe pain to the patient. In rare cases inappropriate use of the P-E-T can cause serious injuries or loss of limbs.

The P-E-T is a single-use product. Use of the P-E-T several times is strictly prohibited.

Inadequate performance and material fatigue could be a result of using the P-E-T several times. Furthermore the risk of a contaminated P-E-T is much higher for both user and patient.

Using the P-E-T several times could lead to the P-E-T rod loosening itself during transport or patient care.

## 4. Restrictions of use / Contraindications:

The use of the P-E-T in patients with vascular circulatory disorders must be critically questioned. In this group of patients, less invasive measures, e.g. a pressure bandage, usually lead to effective haemostasis.



- 1. Control the function of the P-E-T during transport and react appropriately if the wound starts bleeding again.
- 2. If bleeding recommences, twist the P-E-T-rod again until bleeding has stopped. Lock the P-E-T-rod with the red safety belt as described below.
- 3. To enhance the function of the P-E-T, you must elevate the affected extremities.
- 4. When taking X-rays, CT scans or MRI scans with the P-E-T in place, no mutual interference is expected.
  The material of the P-E-T is permeable to X-rays with attenuation.

## 6. Storage

- store at room temperature
- store dry and protected from light
- avoid contact with aggressive substances / chemicals

## 7. Inspection



Before use, make sure that the P-E-T is in proper condition.

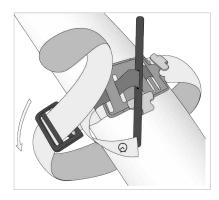
It must be in perfect technical and hygienic condition, otherwise safe use cannot be guaranteed.

## 8. Disposal

You can deposit the P-E-T in the non-recyclable waste after proper disinfection.

Please note the local requirements for disposal of non-recyclable waste.

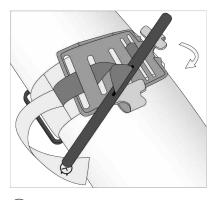
#### Application on the Arm



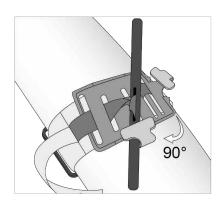
1 Insert the wounded arm through the loop of the P-E-T.

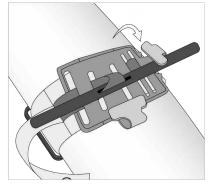


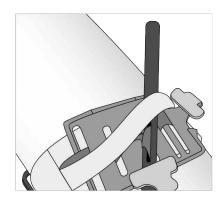
Pull the compression band tight and securely and fasten the belt back on itself with velcro.



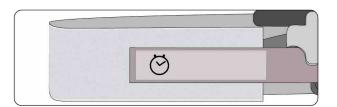
Twist the tourniquet rod until the bleeding has stopped.







- Lock the tourniquet rod with one of the two fixation hooks
- Secure the tourniquet rod with the security belt

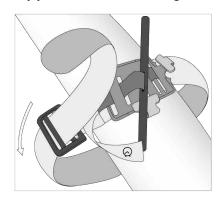


6 Record the time of application on the security belt

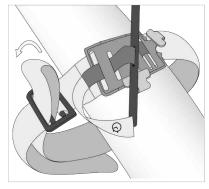
The P-E-T should be applied above the wound, between elbow & shoulder.



## Application on the Leg



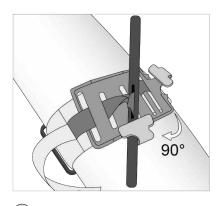
Lead the compression band around the leg and pass the end of the band through the inside slit of the closure buckle

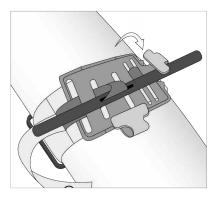


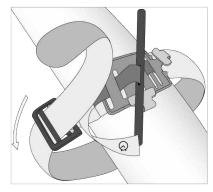
Pass the end of the compression band through the outside slit of the closure buckle and pull the band tight. Securely fasten the belt back on itself with velcro



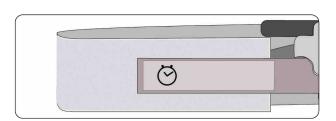
Twist the Tourniquet rod until the bleeding has stopped







- Lock the Tourniquet rod with one of the two fixation hooks
- Secure the tourniquet rod with the security belt



6 Record the time of application on the security belt

The PAX-Extremities-Tourniquet should be applied above the wound, between knee & thigh.



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